

# How *do* YOU RESPOND to PAIN, SHOCK, AND DISTRESS IN YOUR COMMUNITY?

## UNDERSTANDING *and* TRANSFORMING TRAUMA:

AN INTERACTIVE WORKSHOP FOR CLERGY, LAY HEALTH  
LEADERS, CHAPLAINS, CONGREGATIONAL STAFF,  
SEMINARIANS AND RELIGIOUS EDUCATORS

FEATURING EXPERT TRAINER,  
**SANDRA L. BLOOM, MD**

**THURSDAY, MAY 19, 2011.**

9:00 AM - 4:00 PM.

REGISTRATION AT 8:30 AM.

**CONGREGATION RODEPH SHALOM**

**615 BROAD STREET, PHILADELPHIA, PA 19123**

(BROAD STREET BETWEEN MT. VERNON AND GREEN STREETS).

FREE PARKING AVAILABLE in CONGREGATION'S LOT.

EASILY ACCESSIBLE by PUBLIC TRANSPORTATION.

FEE- \$10 (*covers the cost of lunch*).

SCHOLARSHIPS AVAILABLE.

FEE IS WAIVED FOR 'ZONES OF PEACE' MEMBERS.

## REGISTRATION:

ONLINE AT: [WWW.INTERFAITHCENTERPA.ORG](http://WWW.INTERFAITHCENTERPA.ORG)

*Or Contact:* REV. NICOLE D. DIROFF

DIRECTOR OF OUTREACH AND INNOVATIONS

INTERFAITH CENTER OF GREATER PHILADELPHIA

[NDD@INTERFAITHCENTERPA.ORG](mailto:NDD@INTERFAITHCENTERPA.ORG), 215-222-1012



ZONES OF PEACE  
Religious Leaders Council  
of Greater Philadelphia



# COME JOIN COLLEAGUES FROM OTHER FAITH COMMUNITIES TO LEARN:

*HOW* you and your congregation can best respond to the affects of trauma on individuals, families and whole communities.

*WHAT* does trauma recovery look like? What are the barriers to recovery? What helps?

*WHAT* happens to your brain, your emotions, your spirit, and your body when you are exposed to violence or a traumatic experience?

## SANDRA L. BLOOM, MD, KEYNOTE PRESENTER AND TRAINER:

Dr. Sandra L. Bloom is a board-certified psychiatrist, a renowned author and co-director of the Center for Nonviolence and Social Justice at the Drexel University School of Public Health. She speaks and trains nationally and internationally about the impact of traumatic experience on individuals, families, organizations, and cultures. She has written three books on trauma, the most recent of which was published in October 2010 and focuses on the crisis in the delivery of health and human services.

## THIS HANDS-ON INTERFAITH WORKSHOP WILL:

*EMPOWER* you to deal effectively with trauma in your congregation and community.

*EQUIP* you with useful tools and resources.

*PROMOTE* your own understanding and self-awareness.

*PROVIDE* opportunities for relationship-building with clergy and congregational leaders from a wide variety of traditions.

### TRAUMA

*N. PL. TRAU·MAS*

*AN* experience that is painful, distressful, or shocking, which often results in lasting mental and physical effects.

*AN* event or situation that causes great distress and disruption.



Department  
of Community  
Health and  
Prevention  
and the  
Center for  
Non-Violence  
and Social  
Justice

